

4 QUESTION QUIZ? TO DISCOVER

YOUR DIVINE PURPOSE

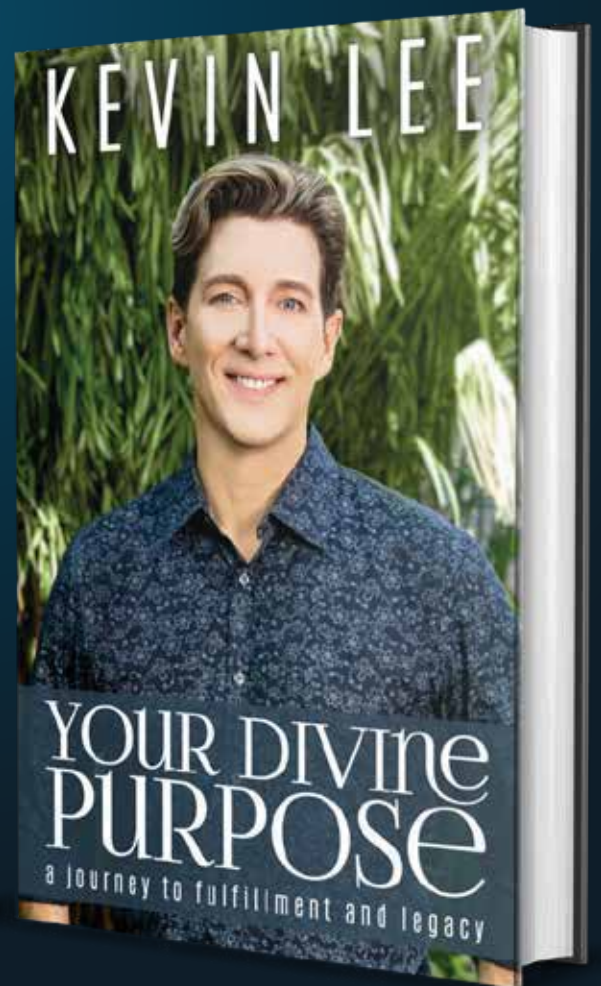


& WORKSHEET

*“When you change your
mind, you change your life”*

— **Kevin Lee**

Kevin Lee



THANK YOU!

Hello, My Powerful People! I really wish to Thank You for your interest in my latest #1 Amazon Best Selling book project -
Your Divine Purpose: A Journey to Fulfillment and Legacy.

My book writing journey inspired me to create additional "discovery" Gift Resources for you like my stunning and hypnotic Forest Bathing meditational experience to awaken Your Divine Purpose, as well as this 4 Question Quiz and Worksheet to allow you to "make your thoughts manifest" by stirring your thoughts and also inspiring you towards action in writing them down. Your discoveries using these Gift Resources will lead you on an incredibly Fulfilling Journey as you begin to create a Living Legacy through your Life Purpose.

Kevin Lee
Author, Speaker, Coach

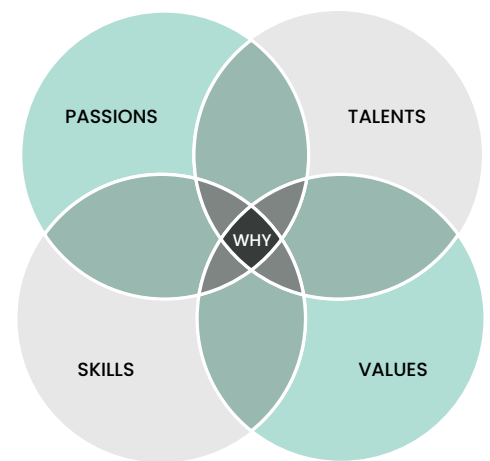


PASSION + DAILY ACTIONS = A PURPOSE-DRIVEN LIFE

Do You Know Your “Why?”

PEOPLE, BECAUSE THERE IS POWER IN YOUR PURPOSE!

It's like the energy of light focused through a magnifying glass. Diffused light has limited benefit. Concentrate its energy through a magnifying glass and you can create fire with flammable things (#SaveTheAnts). If you focus that energy even more (think laser beam), it holds the Potential and Power to cut through anything.



Developing a laser-clear sense of purpose will help you focus your energies and efforts on what matters most to you in life. Then you are more likely to take positive risks. It is very likely that no challenge or obstacle will hold you back as your focused energy will help you push forward to your goals.

Without an answer to the question, “If the universe allowed me to wake up again today, what is my life purpose on Earth?” we can easily become distracted, disillusioned, and have a bit of despair (hopelessness). Too many people are numbing themselves to these overwhelming feelings with addictions, abusive behaviors, suicidal thoughts/actions, and are even experiencing various neurological conditions.

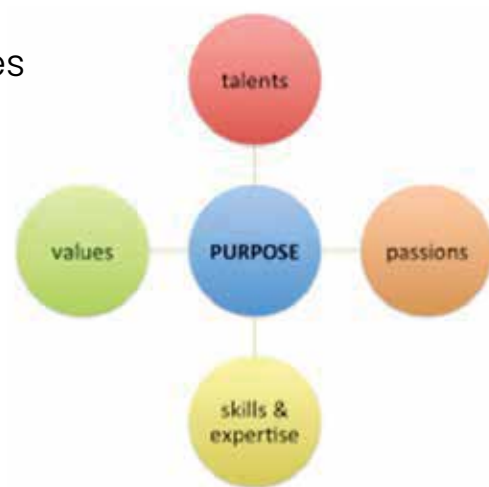
Workaholics and “Learning-aholics” are simply justifying their negative addictive behaviors with positive (society approved) behaviors. Striving for The Good (Rich) Life shows us there is a difference between “well off” and “well-being.”

“He who has a WHY can endure any HOW.”

~ Frederick Nietzsche

Knowing your why is an important first step in figuring out how to achieve the goals that excite you and create a life you enjoy living (versus merely surviving).

Just like this diagram below, your Life Purpose resides at the “intersection” of your Talents, Skills/Expertise, Passions and Core Values.



Push those marbles around, y'all! Really think on these four questions below to help you find the Sweet Spot at the heart of ALL your answers. That intersection of what you care about, what you can contribute, and what will be valued most is THE ANSWER you seek (or at least the vibrational signature of several options for a Life Purpose).

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1. WHAT MAKES YOU COME ALIVE?

Inspire – latin meaning is “to breathe life into.” When you are doing things that inspire you, it makes you feel more alive. Something bigger than yourself (but is still a part of YOU).

Something you are passionate about. (I’m not talking holiday baking or soccer.) This question is going to give you your Golden Key – your WHY. If you are passionate about something you are striving to create or do, your efforts will grow and multiply like nothing else.

2. WHAT ARE YOUR NATURAL STRENGTHS?

What are you really good at and don't really have to put much thought into it? Are you brilliant with math and details? Are you more visual and can see patterns in the chaos of data or projects? Do you easily understand what others struggle to comprehend? Are you great at visualizing the finished products where others need to know all the details leading up to production? Are you a great networker, communicator, diplomatic, or a problem solver?

*Don't include things you are passionate about but you also have NO TALENT for. Research has shown that such persons will quickly become unmotivated and lack the drive to achieve the result.

As civil rights leader Howard Thurmon once wrote, "Don't ask yourself what the world needs; ask yourself what makes you come alive, and then go do that. Because what the world needs is people who have come alive."

3. WHERE DO YOU ADD THE GREATEST VALUE?

Know your greatest strengths first and then find where you can add the most value in life second through your skills, experience, knowledge and your education. Here is where you will find your greatest sense of Giving and Receiving, contribution and accomplishment.

Focus on your Positive Strengths, not your Negative Weaknesses:

What type of business could you create or group could you support where your strengths would add the most value for yourself and/or others? What problems do you really enjoy solving (maybe that are easy for you to solve)?



4. HOW WILL YOU MEASURE YOUR LIFE?

Make a stand for something in your life and then live your life in alignment with that.

What is your attitude towards your current life situation / career?

How can you draw meaning from your current life situation / career?

Knowing your purpose will likely compel you to take on challenges that will stretch you as much as they inspire you. A boat in the ocean can survive any size wave if it's perpendicular to it. When you are powered by a clear, laser-focused purpose, you can face any obstacle knowing you will survive it.

Right now – check in with yourself emotionally. How do you feel? Excited? Hopeful? Befuddled? Anxious? These are normal emotions when we turn our attention inward to rarely visited lands. No matter what – don't judge yourself.

Extra Help. If you are finding it hard to come up with answers to the four questions, there is one sure fire way to gain the inspiration you seek: go for a walk alone in nature. We lead such busy and electronically connected lives.

***Time by yourself in nature (with a pocket recorder or notepad/pen)
is the Golden Rule for Seekers of Inspiration.***

If you cant get away so easily, give yourself the gift of sitting alone in a secluded space away from others and distractions of life. It is best to “just sit” (alone) three times a week for 30 minutes. You are not meditating, but only sitting peacefully. No need to focus on anything in particular (like these questions, yes, seriously). You are simply creating space, without distractions,

Go back and reread all your answers. Take your time. Don't let anyone or anything distract you with this; seriously! Think about each answer in depth again. Ask yourself how you feel now when you reread your previous answers. Which ones MOVE you, make you feel ALIVE, causes your soul to BEAM or really excites you?

MY LIFE'S DIVINE PURPOSE | HAVE DISCOVERED IS

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I am sure this document has opened doors in your mind you never knew could easily be opened. Great! And I am sure many have experienced sudden and surprising emotions coming forward in their mind – feelings of being overwhelmed, annoyance, fearful of discovery, but surely feelings of excitement and hope taken root in the Garden of your Mind.

Just know that I'm truly honored to have you the Garden of my Life! Let's grow together! I have so much to share with others in my heart.

If you feel you would like **Coaching Support and Guidance** in life to find **Your Divine Purpose**, to lead a life of more Fulfillment on your journey to living a life of Legacy, get in touch with me now. Let's book a **Complementary, 15-minute Virtual (or phone) Session** to Determine a New Direction for **Your Divine Purpose** that brings you **FULFILLMENT, HAPPINESS AND FINANCES** while leaving a **LEGACY** in all those whose lives you will touch and inspire. **Book A Discovery Call Here**



Kevin Lee

*Motivational Speaker, Best Selling 2x Author,
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#YourDivinePurpose

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Four Question Quiz To Discover Your Divine Purpose & Worksheet